

# DEE'S CATERING SERVICE

1517 Bourbon Parkway., Plaza II • Streamwood, Illinois 60107  
 (630) 289-3930 • Fax (630) 289-1248

THY, AUGUST, SEPTEMBER

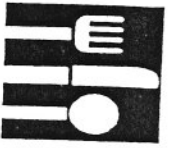
PRE-SCHOOL & SCHOOL AGE

3-5 yr old

WEEKS 1-4

UNCH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Chicken pattie/Bun 1 5/2 Wax Beans 2/4 oz Veg Pasta Salad 2/4 oz Apricot 1/2 4 oz 1% Milk 6/8 oz	Turkey cheese san 1 5/2 oz Corn 2/4oz Mixed Vegetables 2/4oz Sliced Apple 4oz 1% MILK 6/8 oz	BBQ Chicken 2/4oz Toss Salad 2/4 oz Green Beans 2/4oz Roll 1/2/1 Diced Peaches 4oz 1% MILK 6/8 oz	Cheese Burger/Bun 1 5/2oz Baked Tator Tots 2/4 oz Marinated Veg 2/4oz Sliced Oranges 4 oz 1% MILK 6/8 oz	Mac & Cheez w/TurkeyHam 6 oz Sliced Carrots 2/4oz Peas 2/4oz Tropical fruit 4 oz 1% MILK 6/8 oz
WEEK TWO	Fish Sticks 1 5/2 oz Green Beans 2/4 oz Cauliflower salad 2/4 oz Wheat Bread 1/2 1 Tropical Fruit 4 oz 1% MILK 6/8 OZ	Turkey Meatballs/ brown Gravy 1 5/2 oz Spinach 2/4 oz Mashed Potatoes 2/4 oz Wheat Bread 1/2/1 Applesauce 4oz 1% MILK 6/8 oz	Baked Chix Nuggets 1 5/2oz Corn 2/4oz Wax Beans 2/4 oz Rolls 1/2/1 Sliced Peaches 4oz 1% MILK 6/8 oz	Italian Turkey sandwich 1 5/2oz Oven French Fries 2/4oz Carrot 2/4 oz Bun 1 Sliced Orange 4 oz 1% MILK 6/8 oz	Rigatoniw/MeatSauce 1 5/2 / 2 oz Marinated Broccoli 2/4 oz Wax Beans 2/4 oz Sliced Orange 4 oz 1% MILK 6/8 oz
WEEK THREE	Grilled Cheese sandwich 1 5/2 oz Bun 1 Carrot Coins 2/4 oz Green Beans 2/4oz Mixed Fruit 4 oz 1% MILK 6/8 oz	Baked Chicken Fingers 1 5/2 oz Baked Tator tots 2/4 oz Wax Beans 2/4 oz Wheat Bread 1/2/1 Sliced Apples 4oz / 8 oz 1% MILK 6/8 oz	Tuna Salad 1 5/2oz Broccoli 1 5/2 oz Green Peas 2/4 oz Wheat Bread 1/2 Sliced Peaches 2/4 oz 1% MILK 6/8 oz	Turkey taco /4 hour tortilla 1 5/2 oz /1 Lettuce, Tomato, Cheese 2/4oz Corn 2/4 oz Mandarin Orange 4oz 1% MILK 6/8 oz	Sloppy Turkey Joe w/Bun 1 5/2 oz Baked Potato Cones 2/4 oz Carrot 2/4 oz Watermelon Slice 4/6 oz 1% MILK 6/8 oz
WEEK FOUR	Oven Chix 1 5/2oz Corn 2/4oz Mashed Potatoes 2/4 oz Wheat Bread 1/2/1 Plums 4 oz 1% MILK 6/8 oz	Chicken Egg roll 1 5/2oz Baked French Fries 2/4oz Green Beans 2/4oz Mandarin Orange 4 oz 1% MILK 6/8 oz	BBQ Beef/ Bun 1 5/2oz Carrot 2/4 oz Cauliflower 2/4 oz Pineapple Chunks 4 oz 1% MILK 6/8 oz	Fish Pattie 1 5/2oz Colelaw 2/4 oz Spinach 2/4 oz Wheat Bread 1/2/1 Nectarines 4oz 1% MILK 6/8 oz	Baked Chicken Nuggets 1 5/2 oz Green beans 2/4 oz Mixed Vegetables 2/4oz Roll 1/2/1 Diced Peas 4 oz 1% MILK 6/8 oz
4,6,8 OZ MILK SERVED AS APPROPRIATE					

Quinn & Kobayashi PHOTOGRAPHY



# DEE'S CATERING SERVICE

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 (630) 289-3930 • Fax (630) 289-1248

*Quinn & Victoria Palmer*

JULY, AUGUST, SEPTEMBER

LUNCH	Toddler				WEEKS 1 4
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
WEEK ONE	Chicken pattie/Bun 1 oz Wax Beans 1 oz Veg Pasta Salad 1 oz Apricot 1/2 2oz 1% Milk 4 oz	Turkey cheese san 1 oz Cauliflower 1oz Mixed Vegetables 1oz Sliced Apple 2oz 1% Milk 4oz	BBO Chicken 1oz Broccoli 1 oz Green Beans 1oz Roll 1 Diced Peaches 2 oz 1% Milk 4 oz	Cheese Burger/Bun 1oz Baked Tator Tots 1 oz Marinated Veg 1oz Sliced Oranges 2 oz 1% Milk 4 oz	Mac & Cheez w/Turkelam 4 oz Sliced Carrots 1oz Peas 1oz Tropical fruit 2 oz 1% Milk 4 oz
WEEK TWO	Fish Sticks 1 oz Cauliflower salad 1 oz Green Beans 1 oz Wheat Bread 1 Tropical Fruit own juice 2 oz 1% Milk 4 oz	Turkey Meatballs/ brown Gravy 1 oz Spinach 1 oz Mashed Potatoes 1 oz Wheat Bread 1 Applesauce 2oz 1% Milk 4 oz	Baked Chix Nuggets 1oz Peas 1oz Wax Beans 1 oz Rolls 1 Sliced Peaches 2oz 1% Milk 4 oz	Italian Turkey sandwich 1oz Oven French Fries 1 oz Carrot 1 oz Bun 1 Sliced Orange 2 oz 1% Milk 4oz	Rigatoni/Meatsauce 1 oz Wax Beans 1 oz Marinated Broccoli 1 oz Pineapple 2 oz 1% Milk 4 oz
WEEK THREE	Grilled Cheese Sandwich 1 oz Carrot Coins 1 oz Green Beans 1oz Mixed Fruit 2oz 1% Milk 4 oz	Baked Chicken Fingers 1 oz Baked Tator tots 1 oz Wax Beans 1 oz Wheat Bread 1 Applesauce 2 oz 1% Milk 4 oz	Tuna Salad 1oz Broccoli 1 oz Green Peas 2 1oz Wheat Bread 1 Sliced Peaches 2 oz 1% Milk 4 oz	Turkey taco // Flour tortilla 1 oz // 1 Lettuce, Tomato, Cheese 1oz Green Bean 1 oz Mandarin Orange 2oz 1% Milk 4oz	Sloppy Turkey Joe w/Bun 1 oz Baked Potato Cones 1 oz Carrot 1 oz Watermelon Slice 2 oz 1% Milk 4 oz
WEEK FOUR	Oven Chix 1oz Peas 1oz Mashed Potatoes 1oz Wheat Bread 1 Plums 2 oz 1% Milk 4 oz	Chicken Egg roll 1oz French Fries 1oz Green Beans 1oz Mandarin Orange 2oz 1% Milk 4 oz	BBO Beef/ Bun 1oz Carrot 1 oz Cauliflower 1 oz Pineapple Chunks 2oz 1% Milk 4 oz	Fish Pattie 1oz Peas 1 oz Spinach 1 oz Wheat Bread 1 Nectarines 2oz 1% Milk 4 oz	Baked Chicken Nuggets 1oz Green Beans 1 oz Mixed Vegetables 1oz Roll 1 Diced Peas 2oz 1% Milk 4 oz
6,8 OZ MILK SERVED S APPROPRIATE					

# HEALTHY START - CACFP CYCLE IV MENU JULY 1, 2014 - SEPTEMBER 30, 2014

SITE NAME: **PICKET FENCE II**

Meal Type	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
BREAKFAST	7/28, 8/25, 9/22 1% Milk Sliced Orange French Toast Slicks Maple Syrup	7/1, 7/29, 8/26, 9/23 1% Milk Apples Rice Krispies	7/2, 7/30, 8/27, 9/24 1% Milk Pears Pancakes Maple Syrup	7/3, 7/31, 8/28, 9/25 1% Milk Sliced Orange Raisin Bran	7/4, 8/1, 8/29, 9/26 1% Milk Pineapple Scrambled Egg Toast Butter	
Portion	6oz 1/2c 31g 1T	6oz 1/2c 1/3c	6oz 1/2c 16g 1T	6oz 1/2c 16g 1T	6oz 1/2c 1med 13g 1T	
BREAKFAST	7/17, 8/14, 9/11, 9/29 1% Milk Sliced Orange French Toast Slicks Maple Syrup	7/8, 8/5, 9/2, 9/30 1% Milk Apples Rice Krispies	7/9, 8/6, 9/3 1% Milk Pears Pancakes Maple Syrup	7/10, 8/7, 9/4 1% Milk Sliced Orange Raisin Bran	7/11, 8/8, 9/5 1% Milk Pineapple Scrambled Egg Toast Butter	
Portion	6oz 1/2c 31g 1T	6oz 1/2c 1/3c	6oz 1/2c 16g 1T	6oz 1/2c 16g 1T	6oz 1/2c 1med 13g 1T	
BREAKFAST	7/14, 8/11, 9/8 1% Milk Sliced Orange French Toast Slicks Maple Syrup	7/15, 8/12, 9/9 1% Milk Apples Rice Krispies	7/16, 8/13, 9/10 1% Milk Pears Pancakes Maple Syrup	7/17, 8/14, 9/11 1% Milk Sliced Orange Raisin Bran	7/18, 8/15, 9/12 1% Milk Pineapple Scrambled Egg Toast Butter	
Portion	6oz 1/2c 31g 1T	6oz 1/2c 1/3c	6oz 1/2c 16g 1T	6oz 1/2c 16g 1T	6oz 1/2c 1med 13g 1T	
BREAKFAST	7/21, 8/18, 9/15 1% Milk Sliced Orange French Toast Slicks Maple Syrup	7/22, 8/19, 9/16 1% Milk Apples Rice Krispies	7/23, 8/20, 9/18 1% Milk Pears Pancakes Maple Syrup	7/24, 8/21, 9/18 1% Milk Sliced Orange Raisin Bran	7/25, 8/22, 9/19 1% Milk Pineapple Scrambled Egg Toast Butter	
Portion	6oz 1/2c 31g 1T	6oz 1/2c 1/3c	6oz 1/2c 16g 1T	6oz 1/2c 16g 1T	6oz 1/2c 1med 13g 1T	
REQUIREMENTS	<b>BREAKFAST</b> Milk Juice/Fruit/Vegetable Grain/Bread cereal cold cereal hot		<b>LUNCH</b> Milk Meat/Meat Alternate Juice/Fruit/Vegetable Grain/Bread		<b>SNACK</b> Milk Meat/Meat Alternate Juice/Fruit/Vegetable Grain/Bread (Select 2 of 4)	
Portion	6oz 1/2c 1/2c 1/3c 1/4c	6oz 1.5oz 1/2c 1/2c 1/2c	4oz .5oz 1/2c 1/2c	* Juice may not be served when milk is served as the only other component * Fruit-Should be water packed or packed in light syrup * Water should be served at each meal ** Based on ages 3-5; refer to meal pattern chart for 1-2 and 6-12		
Reimbursable Cereal	Cold/Hot Cereals Oats, Bran, Wheat, Rice Corn, Grits, Barley, Granola No Presweetened Cereals	Reimbursable Meat/Meat Alt. Beans, Beef, Cheese Chicken, Eggs, Fish, Nuts, Peanut Butter, Pork, Turkey, Yogurt	Example of Reimbursable Cookies Oatmeal/Oatmeal Raisin Butter Cookies Ginger Snaps Fig Newton, Shortbread	<b>Site Representative</b> <b>TONI CHAKCHAY</b> Approved By		

Per CACFP regulations, hot/cold cereals, fruits, and fruit juices must be "specific" (i.e. oatmeal, corn flakes, fresh orange, 100% apple juice)  
 Site selections must appear on the approved cycle menu and/or menu substitution form (if a change is made)

